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Good Cheap Eats Dinner In 30 Minutes Or Less: Fresh, Fast, And Flavorful Home-Cooked Meals, With More Than 200 Recipes



Synopsis

In over 200 recipes, Jessica Fisher shows time-pressed cooks how they can eat remarkably well without breaking the bank. *Good Cheap Eats* serves up 65 two-course dinners, consisting of a main dish and a substantial side, salad, or soup, all of which take 30 minutes or less to prepare. And as a mother of six and a busy parent, she shows home cooks how to get dinner on the table quickly and inexpensively without relying on heavily processed shortcuts or artificial ingredients. Great for time-pressed couples, families with picky eaters, or singles that need a quick solution to dinner tonight, Jessica's two-course pairings are artfully conceived and perfectly complementary.

Book Information

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Serves 4 This pasta salad is delicious warm, at room temperature, or chilled. Obviously, in 30 minutes you won't have time to chill it, but know that leftovers will taste awesome. If you've got a few more minutes, grill the shrimp for an extra burst of flavor. Directions 1. Bring a large pot of salted water to a boil over high heat. Cook the linguine according to the package directions just until al dente. Drain and rinse with cool water. 2. In a large nonstick skillet, heat the oil over medium-high heat until shimmering. Add the shrimp and season to taste with salt and pepper. Sauté until the shrimp turns pink and is cooked through, about 10 minutes. 3. Place the pasta in a large salad bowl and toss with the pesto, distributing it evenly. Season to taste with salt and pepper. 4. Divide the pasta among four dinner plates. Distribute the shrimp, pepper strips, tomatoes, and olives among the plates. Garnish with Parmesan and parsley and serve. Make it

Ahead The salad can be stored in a covered container in the refrigerator for up to 4 days.

Ingredients 1 pound linguine 1 tablespoon olive oil 1 pound peeled medium shrimp, thawed if frozen Fine sea salt and freshly ground black pepper 3/4 cup prepared pesto 1 large red bell pepper, cored and julienned 1/2 cup julienned sun-dried tomatoes, drained if using jarred 1/2 cup pitted black olives Shredded Parmesan cheese, for garnish Chopped fresh parsley, for garnish

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